



CHICKEN

All items include Steamed Rice

- Mango Chicken** \$17
Slices of fresh mango and lychee, bell peppers, onions, green onions stir fried with chicken breast in a rich mango sauce and roasted cashew nuts
- Lemongrass Chicken** \$17
Chicken stir fried with fresh ground lemongrass, garlic, Thai chili, red pepper, onions and green onions
- Ginger Chicken** \$17
Sliced lean chicken sauteed with fresh ginger, bell peppers, mushrooms, spring onions, broccoli and carrots in Thai sauce
- Spicy Basil Chicken** \$17
Spicy chicken stir fried with Thai chili, garlic, basil, bell peppers and onions
- Orange Cashew Nut Chicken** \$17
Sautéed slices of chicken in chili paste, garlic sauce with jackfruit, sweet peppers, onion, green onions and roasted cashew nuts
- General Tao Chicken** \$17
Bite size deep fried hicken stir fried with spicy sweet and sour sauce
- Sweet and Sour Chicken** \$17
Bite size deep fried chicken stir fried with pineapple, bell peppers and sweet and sour sauce
- Peanut Sauce Chicken** \$17
Sliced chicken cooked in thick peanut sauce, with coconut milk and kaffir lime leaves

BEEF

All items include Steamed Rice

- Garlic Beef** \$17
Sliced beef stir fried with oyster sauce mixed with garlic and green onions, topped on crispy rice noodles
- Pepper Beef** \$17
Sliced beef in black pepper sauce sautéed with mushroom, onions and green onions
- Lemongrass Beef** \$17
Fresh ground lemongrass, stir fried with lean beef and Thai chili, red and green peppers, onions and green onions
- Ginger Beef** \$17
Fresh ginger sautéed with tender beef, green onions, black oyster mushrooms, broccoli and carrots in Thai sauce
- Thai Basil Beef** \$17
Spicy tender beef stir fried with garlic, fresh chili, bell peppers and basil leaves
- Beef with Oyster Sauce** \$17
Tender beef stir fried in oyster sauce with fresh sweet red and green peppers and onions
- Beef with Broccoli** \$17
Tender beef sautéed in garlic, oyster sauce, spring onions, carrots and broccoli
- Beef in Thick Curry Peanut Sauce** \$17
Tender sliced beef in a thick red curry sauce, coconut milk, peanut sauce, tamarind and kaffir lime leaves

SEAFOOD

All items include Steamed Rice

- Thai Basil Shrimp** \$18
Shrimp, sweet peppers, onions, Thai Chili, basil, stir fried
- Garlic Shrimp** \$18
Shrimp, green onion, garlic, oyster sauce, stir fried
- Peanut Sauce Shrimp** \$19
Shrimp cooked in thick peanut sauce, with coconut milk and kaffir lime leaves
- Thai Basil Sauce Fish** \$19
Battered tilapia fillet, shrimp, sweet peppers, onion, topped with Thai basil sauce
- Sweet and Sour Fish** \$19
Battered tilapia fillet, tomatoes, tamarind, ginger, topped with sweet and sour sauce
- Thai Red Curry Sauce Fish** \$19
Battered tilapia fillet, shrimp, basil, bamboo shoots, sweet pepper, topped with Thai red curry
- Spicy Seafood** \$21
Scallops, shrimp, mussels, squid, mixed vegetables, Thai chili, basil, stir fried

CURRY

- Green Curry**
Thai green curry with coconut milk, kraffir lime leaves, bamboo shoots, green beans, sweet peppers and basil
- Red Curry**
Thai red curry in coconut milk, kaffir lime leaves, pineapple and a touch of basil
- Golden Curry**
Golden curry with coconut milk, kaffir lime leaves, bamboo shoots, carrots and roasted eggplant
- Choice of Chicken, Beef or Vegetables** \$17
- Choice of Shrimp** \$18
- Choice of Seafood** \$19
- Includes Steamed Rice or Coconut Rice**

VEGETABLES

All items include Steamed Rice

- Mixed Vegetables** \$15
Snow peas, black mushrooms, broccoli, carrots, tofu, baby corn and bok choy, stir fried
- Bok Choy in Garlic Sauce** \$15
Shanghai bok choy stir fried with fresh garlic
- Thai Spicy Eggplant** \$15
Roasted eggplant, onion, tofu, sweet peppers, tamarind, sweet and sour sauce, stir fried
- Sweet and Sour Tofu** \$15
Tofu, pineapple, tomatoes, sweet peppers, tamarind, sweet and sour souce, stir fried
- Broccoli in Garlic Sauce** \$15
Stir fried broccoli with fresh garlic
- Peanut Sauce Vegetable** \$17
Vegetables cooked in thick peanut sauce, with coconut milk and kaffir lime leaves



NOODLE

- Pad Thai**
Rice noodle, egg, tofu, bean sprouts, onions, stir fried in tamarind sauce. Served with peanuts and fresh lime
- Bangkok Street Style Pad Thai**
Thai rice noodle stir fried with egg, tofu, bean sprouts, onions in sweet & sour tamarind sauce, palm sugar and lime juice, topped with dry chili, peanuts and lime
- Curry Pad Thai**
Rice noodle, egg, tofu, bean sprouts, onions stir fried in golden curry sauce. Served with peanuts and lime.
- Thai Spicy Noodle**
Flat rice noodle, egg, sweet peppers, onion, fresh chili, stir fried in Thai basil sauce. Served with fresh lime.
- Pad See-Ew**
Flat rice noodle, egg, bean sprouts, green onion, stir fried in dark soya sauce. Served with fresh lime.
- Choice of Chicken, Beef or Vegetables** \$16
- Choice of Shrimp** \$18
- Singapore Noodle** \$16
Vermicelli, egg, BBQ pork, shrimp, sweet peppers, onions, bean sprouts, stir fried in curry sauce

RICE

- Thai Basil Fried Rice**
Jasmine rice, fresh basil, garlic, sweet peppers, chili paste, egg, stir fried
- Lemongrass Fried Rice**
Jasmine rice, fresh lemongrass, garlic, onions, shallots, carrots, green beans, stir fried
- Avocado Curry Fried Rice**
Jasmine rice, egg, fresh avocado, bacon, onion, Thai chili, stir fried
- Choice of Vegetables** \$15
- Choice of Chicken or Beef** \$16
- Choice of Shrimp** \$17
- Corner Chicken Fried Rice** \$15
Jasmine rice, egg, onion, garlic butter, stir fried
- Pineapple Fried Rice** \$17
Jasmine rice, egg, shrimp, chicken, pineapple, onions, raisins, cashews, stir fried
- Crab Fried Rice** \$17
Jasmine rice, egg, crab, lemongrass, carrots, green beans, onions, stir fried
- Steamed Rice** \$2.5
- Coconut Rice** \$3

SPOON & FORK



MENU

Phone (905) 803-1100
1225 Dundas St. E, Mississauga
www.spoonandfork.ca

APPETIZERS

Edamame Boiled whole green soy bean pods with salt	\$5.5
Thai Spring Roll (Chicken or Veg) Mixture of vermicelli, cabbage, taro, jelly fungus, carrots and onions, wrapped in crispy Thai pastry	\$7
Shrimp Roll Shrimp, chicken, carrot, celery wrapped in Thai pastry, deep fried	\$12
Shrimp Chips Served with peanut sauce	\$6.5
Deep Fried Gyoza (Chicken or Veg) Deep fried Japanese style dumpling served with gyoza sauce	\$9
Thai Dumplings Chicken dumplings with peanut sauce	\$9
Fried Wonton Crispy golden pouches filled with chicken and served with sweet chilli sauce	\$9
Cheese Wonton (10 pieces) Deep fried wonton with stuffed cheese & crab meat	\$11
Tempura Appetizer Three shrimp tempura with four tempura veggies	\$12
Chicken Wings Chicken wings coated with special Thai spices and served with house wing sauce	\$13
Satay (Chicken or Beef) Skewers of marinated grilled satay, served with peanut sauce	\$11
Calamari Tantalizing, deep fried tender slices of squid coated with special Thai spices and served with a sweet chilli sauce	\$14
Crispy Beef Fried sliced beef tossed in a sweet and spicy soya sauce, garnished with white sesame seeds	\$12
Coconut Shrimp Deep fried shrimp coated in shredded coconut batter, served with tamarind sauce	\$13
Thai Platter Combinations of chicken and beef satay skewers, spring rolls, calamari, coconut shrimp and shrimp chips	\$30

SOUP & SALAD

Seaweed Salad Seaweed, wakame & sesame	\$5
Fresh Mango Salad Fresh chopped mango tossed with onions, sweet peppers, mint leaves, coriander and lime juice, topped with roasted cashew nuts	\$11
Miso Soup Soya bean soup with tofu, green onion and wakame	\$4
Thai Lemongrass Soup Rich chicken broth combined with lemongrass, kaffir lime leaves, galangal, tamarind, chilli, shrimp paste, tomatoes and white mushroom	\$6
Wonton Soup Chicken dumplings with mixed vegetables in chicken broth	\$6
Hot and Sour Soup Tofu, bamboo shoots, black mushrooms, jelly fungus, egg and Thai chilli in chicken broth	\$6

A LA CARTE

	Sashimi (3pcs)	Sushi (2pcs)
Tamago	\$6	\$5
Hokkigai SURF CLAM	\$7	\$6
Kanikama CRAB CAKE	\$7	\$6
Salmon	\$7.5	\$6.5
Tai RED SNAPPER	\$6	\$5
Ika SQUID	\$8	\$6
Saba MACKEREL	\$8	\$6
Oil Fish	\$7	\$6
Ebi SHRIMP	\$6.5	\$5.5
Tobiko FLYING FISH EGG	-	\$6
B.C. Tuna	\$8.5	\$6.5
Tako OCTOPUS	\$8	\$7
Tuna	\$9	\$8
Ikura SALMON ROE	-	\$9
Hamachi YELLOW TAIL	\$10	\$8
Unagi BBQ EEL	\$9	\$7
Hotategai SCALLOP	\$10	\$8
Botan Ebi	\$5	\$5
	PER PIECE	PER PIECE
Uni SEA URCHIN	SEASONAL	SEASONAL



	Hand Roll (1pc)	Hosomaki (6pcs)
Tamago	\$5	\$5
Kanikama CRAB CAKE	\$6	\$6
Salmon	\$6.5	\$6.5
Oil Fish	\$6	\$6
Ebi SHRIMP	\$5.5	\$5.5
B.C. Tuna	\$6.5	\$6.5
Tuna	\$8	\$8
Hamachi YELLOW TAIL	\$8	\$8
Unagi BBQ EEL	\$7	\$7

DONBURI (RICE)



Unadon BBQ eel on rice	\$20
Chirashi Don 12 Assorted sashimi on rice	\$23

SUSHI PIZZA

Salmon Pizza \$12 Crispy rice crust with spicy sauce, tobiko, onion, green onion, topped with diced fresh salmon	Tuna Pizza \$12 Crispy rice crust with spicy sauce, tobiko, onion, green onion, topped with diced fresh tuna
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ROLLS (8PCS)

Avocado Roll (6pcs)	\$6	Spicy Ika Roll	\$8
Cucumber Roll (6pcs)	\$6	Spicy Tuna Roll	\$8
Yam Roll	\$6	Spicy Crab Roll	\$8
Avocado Cucumber Roll	\$6	Negi Hamachi Roll (6pcs)	\$9
California Roll	\$6	Spicy Scallop Roll	\$9
Salmon Avocado Roll	\$7	Spicy Hamachi Roll	\$9.5
Spicy California Roll	\$7	Crazy Roll	\$9
Spicy Salmon Roll	\$8	Philadelphia Roll	\$9.5



SPECIAL ROLLS (4PCS)

Mango Dragon	\$6.5	Rainbow Roll	\$7
Black Dragon	\$8	Dynamite Roll	\$7
Red Dragon	\$7	Lobster Roll	\$7
White Dragon	\$7	Hot Roll (5pcs)	\$10
Golden Dragon	\$7	Volcano Roll (8pcs)	\$16
Green Dragon	\$7	Spider Roll (5pcs)	\$15
Veggie Dragon	\$7		

SUSHI SET + MISO SOUP

Sushi A California Roll + 5pcs Chef Choice Sushi	\$21
Sushi B California Roll + 7pcs Chef Choice Sushi	\$24
Sushi C California Roll + 9pcs Chef Choice Sushi	\$27
Maki A California Roll + Spicy Salmon Roll	\$16
Maki B Dynamite Roll + California Roll	\$19
Maki C Green Dragon Roll + Spicy Salmon Roll	\$22

FROM THE GRILL

Grilled Chicken Served with rice, corn, broccoli, teriyaki sauce	\$17
Grilled Salmon Served with rice, corn, broccoli, teriyaki sauce	\$17
Grilled Beef Served with rice, corn, broccoli, teriyaki sauce	\$20
Grilled Beef Short Ribs Served with rice, corn, broccoli	\$21
Deluxe Combo Grilled chicken & beef short rib served with french fries, corn, broccoli, and teriyaki sauce	\$19



COMBO

Satay Combo 3 chicken or 3 beef skewers served with mango salad and choice of Pad Thai or egg fried rice	\$19
Grilled Chicken Combo Grilled chicken served with mango salad and choice of Pad Thai or egg fried rice, Teriyaki sauce	\$19
Grilled Salmon Combo Grilled salmon served with mango salad and choice of Pad Thai or egg fried rice, teriyaki sauce	\$19
Lemongrass Pork Chop Combo Grilled lemongrass pork chop served with choice of Pad Thai or egg fried rice	\$19

BENTO

Chicken Teriyaki Bento Edamame, stir fried zucchini, mushroom and onions, tempura shrimp and tempura veggies, California roll and steamed rice	\$20
Salmon Teriyaki Bento Edamame, stir fried zucchini, mushroom and onions, tempura shrimp and tempura veggies, California roll and steamed rice	\$21
Beef Teriyaki Bento Edamame, stir fried zucchini, mushroom and onions, tempura shrimp and tempura veggies, California roll and steamed rice	\$23
Beef Short Rib Bento Edamame, stir fried zucchini, mushroom and onions, tempura shrimp and tempura veggies, California roll and steamed rice	\$23
Garlic Shrimp Bento Edamame, stir fried zucchini, mushroom and onions, tempura shrimp and tempura veggies, California roll and steamed rice	\$22

